DOCUMENT RESUME

ED 402 065 PS 024 836

AUTHOR Pipher, Mary
TITLE Reviving Ophelia: Saving the Selves of Adolescent Girls.
REPORT NO ISBN-0-345-39282-5
PUB DATE 94
NOTE 204p.
AVAILABLE FROM Ballantine Books, 201 East 50th Street, New York, NY 10022 (U.S., $12.50; Canada, $17.50).
PUB TYPE Books (010) -- Guides - Non-Classroom Use (055) -- Viewpoints (Opinion/Position Papers, Essays, etc.) (120)

EDRS PRICE Document Not Available from EDRS.
DESCRIPTORS Adolescent Development; *Adolescents; Behavior Change; *Behavior Development; Body Image; Depression (Psychology); Eating Disorders; Emotional Problems; *Females; Mass Media Effects; Parent Child Relationship; *Self Concept; Self Destructive Behavior; Self Esteem; *Sex Role; Sex Stereotypes; Sexuality; Substance Abuse; Youth Problems
IDENTIFIERS *Adolescent Attitudes

ABSTRACT

More American adolescent girls today are prey to depression, eating disorders, addictions, and suicide attempts than ever before. This book is an exploration of the underlying causes of this disturbing phenomena, structured around therapy case studies of various teenage girls. The position is taken that despite the women's movement, adolescent females today are coming of age in a girl-poisoning culture, saturated with sexualized and sexist media images and expectations. This environment causes girls to stifle their creative spirit and natural impulses and ultimately destroys their self-esteem. The book's 15 chapters cover theoretical and developmental issues of adolescence, the importance of family background, the roles of mothers and fathers, depression, societal pressures to be thin and beautiful, drug and alcohol use, sex and violence, and the differences between the world that female adolescents face today and the one their parents may have known. (Contains a list of recommended reading.) (EV)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****